

We want to support your well-being!

We know that feeling good and staying healthy in our daily lives makes a big difference to how likely we are to fall ill and how fast we recover afterwards. For this reason we are introducing a fantastic health plan from Medicash.

What is it?

Medicash is a well-being medical benefit for all colleagues. It includes a cash plan where you can claim money back for routine and specialist medical appointments and access to a free 24/7 virtual GP service, where you can speak to a GP face-to-face via video call for advice, diagnosis and where appropriate private prescriptions.

How much will it cost?

We will fund the cover and there is an option to opt out. As this is a taxable benefit, there is a small cost to you of £9.14 per year/76p per month for basic tax rate payers. However, if you claim for just one dental check up on the NHS (£23), you will have made your investment back!

Save hundreds of pounds each year

With Medicash Extras, you can typically cut your everyday shopping costs by more than £250 a year, with a range of offers and benefits from well-known brands and retailers including like Sainsbury's, Morrisons, Currys and many more.



What's covered?



Claim costs towards medical appointments



A range of therapy treatments



Access to private specialist consultations



Eight face-to-face counselling sessions



24/7 virtual GP consultations



Skin cancer detection app by SkinVision



Gym and high street discounts



Options to include your partner



Free cover for children in full-time education

How much can I claim?

Treatment	Yearly maximum adult	Yearly maximum child
Routine dental treatment	£55	£27.50
Dental accident and injury	£250	n/a
Optical	£55	£27.50
Specialist consultation, diagnostic tests and scans	£200	£100
Complementary therapy (including physiotherapy)	£100	£50